

Your Chance to Join Chef Paul & Sam's Brigade

Put your Chef-ready Meal® in the fridge as soon as it arrives home

Festive Feather-Blade of Beef Instructions

- Take the beef from its packaging and remove contents with gravy into a saucepan and heat for 3-5 minutes on low to medium heat
- o Add the roasted onions in their gravy to the saucepan and heat for a further 3-4 minutes, until the gravy starts to bubble lightly
- o Heat the Manchester Mustard mash in the microwave on full power for 2 minutes (900W) or 2 minutes 30 seconds (750W)
- o Put the kale into another saucepan and heat on a low-medium heat for 1 minute until warmed through
- o Put the mash into the centre of a high sided plate or bowl, carefully put your beef on top (take great care as the meat is fall-apart tender), spoon over your gravy, add the kale and onions.

Use within 3 days of collection/delivery. Keep refrigerated below $5\,^{\circ}\text{C.}$

We cannot guarantee that nuts or nut traces will not be found in our food.

Allergens - Mustard, celery, egg, sulphites The hygienic containers are made from corn starch and are biodegradable. They will clean (even in the dishwasher) and can be reused many times.